

SUPPLEMENT RISK ANALYSIS



TGA Registered medicines (AUST-R)

The products are the lowest risk due to their high level of regulation. AUST-R products have been fully assessed by the Therapeutic Goods Administration (TGA) for safety, quality and efficacy before they are sold. There is no doping risk to athletes if they choose to use an Australian registered medication, as long as there is no prohibited substance declared on the label.



Batch-tested products

As this testing is targeted at WADA prohibited substances, these are the next lowest risk group. We advise athletes that batch testing, while not a 100% guarantee, lowers doping risk.



TGA Listed medicines (AUST-L)

As these products have less regulation than Registered medicines and are not specifically tested for WADA Prohibited Substances, they have a higher risk of doping than both registered medicines and batch-tested products.

For Listed Medicines, Sport Integrity Australia educates athletes that due to the lower level of regulation there may be an inadvertent doping risk associated with these products. There have been examples of vitamin products obtained overseas which have been contaminated with WADA prohibited substances. These were potentially lower quality manufacturers, but this does highlight the risk with such products.

Sport Integrity Australia's advice regarding Listed Medications (such as vitamins and minerals) is that athletes should choose a batch tested listed medication over a non batch-tested one.



Non batch-tested, non AUST-L products

These products have the highest anti-doping risk and should be avoided by athletes. The Sport Integrity app includes hundreds of batch-tested products that athletes should choose from instead.



**SPORT INTEGRITY
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FOR MORE INFORMATION

Please visit our website sportintegrity.gov.au, contact us at education@sportintegrity.gov.au, or phone **1300 027 232**