



SPORT INTEGRITY
AUSTRALIA

CBD & CANNABIS

A recent study found that **21% of CBD products contained THC** (banned in sport).

Unfortunately, it is impossible to know how much THC or other cannabinoids are in a CBD product just from looking at the label, and it is impossible to predict how long it will take for THC or other cannabinoids to clear your system.



FACTS

Cannabinoids are banned in-competition. Technically, CBD is not banned. **However, if you use a CBD product, you are still at risk of testing positive to Cannabinoids and facing a sanction**, including a ban from sport and other consequences such as damaging your own reputation, and the teams.



REASON

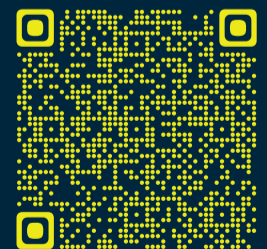
Scientifically, it is nearly impossible to extract only CBD from the cannabis plant. Therefore, you should assume that all CBD products contain other prohibited cannabinoids, including **THC, CBN, CBG as well as CBD.**

! ADVICE

Even though CBD is not banned in sport, **the use of a CBD product is risky.** If you use a CBD product, you are taking a risk with your career and reputation.

Athletes prescribed cannabinoid products by a Medical Practitioner for a documented medical condition, may be able to apply for a Therapeutic Use Exemption (TUE).

See further information on the **[Cannabinoids/Cannabis TUE Checklist](#)**.



RESOURCES

<https://www.sportintegrity.gov.au/what-we-do/therapeutic-use-exemption/frequently-asked-questions-tue>

<https://www.sportintegrity.gov.au/news/integrity-blog/2022-02/medicinal-cannabis-sport-insight-athletes-and-support-people>