



**SPORT INTEGRITY  
AUSTRALIA**

# SARMS

**Selective Androgen Receptor Modulators (SARMS)** are a growing threat to Australian athletes. SARMS can often look like normal supplements and examples include **Ligandrol (LGD-4033)**, **Testolone/radarine (RAD-140)**, **Andarine**, and **Ostarine (Enobosarm)**.

They are advertised heavily across social media and **claim to act like steroids**, but without any side effects.

**Don't be fooled.**



## SARMS CLAIMS

- Claim to **build muscle and bone density**
- Claim to have **no steroid-like side effects**
- Appear to be **manufactured in scientific labs**



## SARMS FACTS

- **Are banned in all sport**
- Have **not** undergone clinical trials
- Are **not approved** for human use
- Can be **manufactured in backyard labs**
- Are **linked to liver failure**
- Increase **risk of heart attack or stroke**

**SARMS are now the most commonly detected performance enhancing drug in Australian sport.**

**Don't risk it.**

Photo supplied by Western Australian Police

### CONTACT US



[sportintegrity.gov.au](https://sportintegrity.gov.au)



[education@sportintegrity.gov.au](mailto:education@sportintegrity.gov.au)



**Safe Sport Hotline: 1800 161 361**  
**Enquiries: 1300 027 232**