



SPORT INTEGRITY
AUSTRALIA

SARMs

Selective Androgen Receptor Modulators (SARMs) are a growing threat to Australian athletes. SARMs can often look like normal supplements and examples include **Ligandrol (LGD-4033)**, **Testolone/radarine (RAD-140)**, **Andarine**, and **Ostarine (Enobosarm)**. They are advertised heavily across social media and **claim to act like steroids**, but without any side effects.

Don't be fooled.



SARMs CLAIMS

- Claim to **build muscle and bone density**
- Claim to have **no steroid-like side effects**
- Appear to be **manufactured in scientific labs**



SARMs FACTS

- **Are banned in all sport**
- Have **not** undergone clinical trials
- Are **not approved** for human use
- Can be **manufactured in backyard labs**
- Are **linked to liver failure**
- Increase **risk of heart attack or stroke**

SARMs are now the most commonly detected performance enhancing drug in Australian sport.

Don't risk it.

Photo supplied by Western Australian Police

FOR MORE INFORMATION



sportintegrity.gov.au



education@sportintegrity.gov.au



1300 027 232