ATHLETES

ARE YOU READY TO BE *TESTED?*

Anti-doping tests can happen anywhere, any time.
Take these steps to train and compete clean!

1



DOWNLOAD THE APP.

Use the Sport Integrity app for next steps.

2



CHECK YOUR *SUPPLEMENTS.*

Use the 'Check a Supplement' tab to see the risks before use. Make sure supplements are batch-tested.

3



CHECK YOUR *MEDICATIONS.*

Use the 'Check a Medication' tab to access Global DRO to make sure your medication isn't banned in sport.

4



GET PERMISSION

Use the 'Therapeutic Use Exemption Checker' to see if you need a TUE for prescribed medicines or treatments. Apply for a TUE if required.

5



GET EDUCATED

A positive test is one way to be banned from sport, but did you know there are 11 Anti-Doping Rule Violations? Use the 'Get Educated' tab to access free eLearning courses and information.



TRY A TEST IN VR

Experience a test in virtual reality, without the anxiety, on our website (VR available on desktop & Android devices).

SPORT INTEGRITY AUSTRALIA

WANT MORE?

Learn more about athlete testing, including athlete rights and responsibilities, by visiting sportintegrity.gov.au

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