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**From:** John Nolan  
**Sent:** 09 February 2013 1:31 AM  
**To:** 'brett.clothier@afl.com.au'  
**Cc:**  
**Subject:** ARTICLE IN THE HERALD SUN [SEC=UNCLASSIFIED]

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

Brett,

Please refer to article in today's Herald Sun - <http://www.heraldsun.com.au/afl/more-news/essendon-coach-james-hird-has-grilled-his-players-over-suspected-drug-use/story-e6frf9jf-1226573886124>

### **Essendon coach James Hird has grilled his players over suspected drug use**

- by: *Mark Robinson*
- From: *Herald Sun*
- February 09, 2013 12:00AM

ESSENDON has **interrogated every player** on its list about using performance enhancing drugs as it **continues to examine every aspect of the drugs scandal.**

**Coach James Hird, who fronted a Bombers board meeting on Thursday night, and football department boss Danny Corcoran this week summoned each player to individual meetings.**

A meeting was also held yesterday in Canberra where Bombers chairman David Evans and chief executive Ian Robson met senior ASADA officials to ascertain the process of the investigation.

. Happy to discuss further.

Thanks

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**From:** John Nolan  
**Sent:** 10 February 2013 10:09 AM  
**To:** 'brett.clothier@afl.com.au'  
**Cc:**  
**Subject:**

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

Brett,

I would be pleased if someone from your office could prepare a template letter (you probably already have one) to notify players/officials that they are required for interview.

The letter will need to be signed by the Manager - Football Operations (per your ADP) and include:

- Proposed date of the interview (date range may be better - strategy to limit media involvement).
- Location of the interview ('to be advised' may be better - strategy to limit media involvement).
- The right of to have a legal representative present during the interview.
- Contact details of a *nominated AFL official* who will be responsible for coordinating the interview.
- Requirement that the person or their legal representative contact the *nominated AFL official* as soon as possible in to finalise interview arrangements (date, time and location).
- Advice that the interview will be conducted with/by an ASADA investigator.
- Requirement to participate in the interview (as outlined in Clause 12.7 of the AFL's Anti-Doping Policy).
- Potential ramifications of non-compliance with Clause 12.7 of the AFL's Anti-Doping Policy.
- Reference to the Clause 14.4 of the AFL's Anti-Doping Policy, with particular emphasis on 'substantial assistance' (14.4.(c)).
- A link to the AFL's Anti-Doping Policy - [http://www.aflpa.com.au/images/uploads/2010\\_Anti-Doping\\_Code\\_1.pdf](http://www.aflpa.com.au/images/uploads/2010_Anti-Doping_Code_1.pdf)
- A link to the World Anti Doping Agency's website - <http://www.wada-ama.org/>

Once the template letter has been drafted, I would seek a 'soft' copy for review by our Legal Unit.

Thanking your in anticipation.

JN

---

**From:** John Nolan  
**Sent:** 01 March 2013 8:36 AM  
**To:** 'brett.clothier@afl.com.au'  
**Cc:** Paul Simonsson  
**Subject:** Today's Age [SEC=UNCLASSIFIED]

**Follow Up Flag:** Follow up  
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Brett,

I note today's article in *The Age*.

<http://www.theage.com.au/afl/afl-news/afl-players-blow-the-whistle-20130228-2f98e.html>

*TWO AFL players have stepped forward and "blown the whistle", complaining to the AFL of irregular practices at their clubs.*

*The players are the first to respond to the competition's whistleblower policy, first mooted after the Essendon scandal and the Australian Crime Commission's disturbing findings into match fixing and drug cheating in sport.*

*AFL chief Andrew Demetriou revealed the move by the two players, which took place in recent weeks. But he refused to detail their information or their chosen source.*

*"Since the ACC findings a couple of players have already come forward," Demetriou said. "They both said: 'I wanted to come forward before but I didn't'."*

*The move comes despite doubts raised by past and present players over whether footballers would be prepared to break ranks and do in teammates or club officials to protect the integrity of their sport.*

Thanks

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**From:** John Nolan  
**Sent:** 10 April 2013 12:37 PM  
**To:** brett.clothier@afl.com.au  
**Subject:** IN CONFIDENCE [SEC=UNCLASSIFIED]  
**Attachments:** BRIEFING NOTES - 10 04 2013 - CEO Aurora Andruska - Media strategy.DOCX

**Follow Up Flag:** Follow up  
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Aroua,

The attached information is provided in response to your request for information (email 09/04/2013 – 0943 hours).

#### KEY MESSAGING

From my perspective, these are some of the key messages that you should be trying to convey in our media statements:

- ASADA aims to achieve pure performance in sport (vision).
- That aim cannot be achieved by ASADA alone - it requires ongoing support, cooperation and resolve from the various sporting organisations.
  
- ASADA attempts to influence the culture of sporting organisations through a range of proactive and reactive strategies.<sup>1</sup> This is considered important because culture impacts on the attitudes of athletes, support persons and spectators to doping and athlete **safety**.
- The public is probably most familiar with ASADA's testing activities (detection and deterrence), however, this is only one component of the overall strategy.
  
- A strong and positive culture within sporting organisations is the best defence against doping and an unsafe practices.
- A commitment to self-regulation is reflective of a mature and professional sporting organisation.
- A sporting organisation's commitment to anti-doping is not necessarily reflected in its policies and procedures - actions will always speak louder than words.

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<sup>1</sup> *Australian Sports Anti-Doping Authority Act 2006, Section 4*  
*sports doping and safety matter* means:

- (a) a matter relating to drugs and/or doping methods in one or more sporting activities; or
- (b) a matter relating to the safety of athletes.

*Australian Sports Anti-Doping Authority Act 2006, Section 21*

- (e) to support, encourage, develop and implement initiatives that increase the skills and knowledge of people involved in sporting activities about sports doping and **safety matters**;
- (f) to support and encourage the sporting community to develop and implement comprehensive programs, and education initiatives, about sports doping and **safety matters**;
- (g) to support, encourage and conduct research about sports doping and **safety matters**;
- (h) to collect, analyse, interpret and disseminate information about sports doping and **safety matters**;
- (i) to encourage the development of ways for the States and Territories, and sporting organisations, to carry out initiatives about sports doping and **safety matters**;
- (j) to cooperate with the States and Territories, and with sporting organisations, to carry out initiatives about sports doping and **safety matters**;

- The current ASADA investigation has exposed gaps in the anti-doping framework at both the AFL and NRL.
- The investigation has also laid bare the underlying values and culture of some individuals and/or clubs within those organisations.
- The ASADA investigation has created a climate for change – it provides a unique opportunity for the AFL and NRL to strengthen their anti-doping framework and build resistance to future doping challenges.
- Whilst there is considerable concern about the plight of individual athletes and clubs, this is not the sole focus of ASADA's investigation. More importantly, ASADA is trying to determine what needs to be done to prevent a reoccurrence in the future.
- The success of this investigation should not be measured against the number of individuals who are alleged to have breached the WADA code, but more importantly, the culture that drives pure performance into the future.

## **AFL**

In respect to the AFL, we have already seen significant changes both proposed and implemented.

### **Press statement from Gillon McLaughlin 10/02/2013**

The AFL Commission announced on Thursday the measures that would be immediately undertaken to enhance the AFL's integrity safeguards:

- The AFL will make a significant investment to increase the powers and resources of the AFL Integrity Unit including more people, technology, intelligence-gathering capabilities and testing
- An audit will be held of every Club's use of supplements and other treatments in conjunction with ASADA
- The AFL Medical Commissioners will meet all club doctors to review their practices and their supervision of treatments, particularly the use of external practitioners, and report back to the AFL Commission
- The AFL will introduce the mandatory reporting of doping activities or any approaches to engage in doping, similar to those rules that are already in place for gambling and match-fixing

- We will enhance the registration of all club staff and personnel who have contact with players including sports scientists and high performance managers, and there will be appropriate background checks such as qualifications, CVs and which sports they might have worked in. This will apply to all club personnel, not only those who work in football departments
- We will establish a whistleblower service, and
- An audit will be undertaken of the backgrounds of all club employees, contractors and consultants.

In addition, the AFL called on State Governments to strengthen information-sharing arrangements between police agencies and other investigative bodies and approved sporting bodies as part of efforts to fight the infiltration of organised crime, and also for the introduction of criminal sanctions for those who traffic prohibited substances.

**Email from Brett Clothier, Manager, Integrity Services - 10/04/2013**

John,

- 
- 

Let me know if you have any questions.

Cheers,

Brett



### **Essendon Football Club**

- 05/05/2013 David Evans (Chairman) called for an investigation into allegations that prohibited substances may have been used by players during 2012.
- 27/02/2013 David Evans (Chairman) commissioned an independent review of the governance framework at the Essendon Football Club by Mr Ziggy Switkowski.

Also, you would be fully aware of the level of cooperation provided by David Evans and the AFL more broadly.

### **OTHER**

See **Appendix A** for some useful discussion on cultural change.

## APPENDIX A

Edgar H Schien is quoted extensively in an electronic book *Strategic Leadership and Decision Making*, which can be found at <http://www.au.af.mil/au/awc/awcgate/ndu/strat-ldr-dm/cont.html>.

The book is part of a study guide for the National Defense University (USA). Chapter 16 - Organizational Culture - is particularly relevant:

### EXCERPT

Culture is deep seated and difficult to change, but leaders can influence or manage an organization's culture. It isn't easy, and it cannot be done rapidly, but leaders can have an effect on culture. Schein outlines some specific steps leaders can employ:

#### 1. **What leaders pay attention to, measure and control**

Something as simple as what is emphasized or measured, over time, can have an effect on an organization's culture. One example of this is an emphasis on form over substance. If leaders pay more attention to form, an organizational culture can develop where people start to believe that the substance of a recommendation is less important than the way it is presented. One can recall when more attention was paid to the format of viewgraphs used in a briefing than what was said; what we characterize as "eyewash." Where do you think people will focus their effort once it becomes accepted that a slick presentation is what the leaders are looking for? How could you go about changing that aspect of the organization's culture? Consider cultural assumptions and beliefs underlying a "zero defects" organizational mentality. "You must always be perfect; mistakes aren't allowed." If this assumption reflects a dysfunctional aspect of an organization's culture, how would you go about changing that perception?

#### 2. **Leader reactions to critical incidents and organizational crises**

The way leaders react to crises says a lot about the organization's values, norms and culture. Crises, by their nature, bring out the organization's underlying core values. Often, this is where rhetoric becomes apparent. Reactions to crises are normally highly visible, because everyone's attention is focused on the incident or situation. Disconnects between actions and words will usually be apparent, and actions always speak louder than words. Additionally, a crisis not only brings a great deal of attention, it also generates a great deal of emotional involvement on the part of those associated with the organization, particularly if the crisis threatens the organization's survival. This increases the potential for either reinforcing the existing culture, or leading to a change in the culture. Such a crisis can provide an opportunity for a leader to influence the organization's culture in either a positive or a negative way.

**3. Deliberate role modeling, teaching, and coaching**

Nothing can take the place of leaders "walking their talk." The personal example of a strategic leader can send a powerful message to the members of an organization, particularly if it is ethical and consistent. Reinforcing that example with teaching and coaching will help others to internalize the desired values.

**4. Criteria for allocation of rewards and status**

The consequences of behaviour - what behavior is rewarded and what is punished - can significantly influence culture. If the organization reacts to new ideas by ridiculing the ideas and those who propose them, it won't take long before people believe that new ideas are not welcomed or desired. One belief of perceived organizational culture is reflected in the statement: *"Don't raise questions or suggest improvements, because nothing will come of it and you will just get in trouble."* If you were in an organization's strategic leader, what steps could you take to alter the reward system to change this aspect of the culture? Criteria for recruitment, selection, promotion, retirement and excommunication. One of the powerful ways of changing an organization's culture is through the type of people brought into, retained, and advanced in the organization. You should be able to establish a desired culture base in an organization by bringing in and advancing individuals with the values you want, and eliminating those with undesired value bases. That is what organizations are attempting when they propose tightening up admissions standards to screen out undesirables. This strategy is consistent with the belief that the problems experienced by the organization result from a few "bad apples" and do not reflect systemic problems. However, if a strong culture bias exists, it may be too strong to be changed by selection alone. The military academies are organizations which change over one fourth of their membership every year, which should provide an opportunity for changes to the organizational culture as new members are brought in. The catch, however, is that the socialization of those new members rests in the hands of those who are already part of the existing culture. How could the military academies make systemic culture changes not negated by the socialization process new members go through?

**5. Organizational design and structure**

As we mentioned earlier, modifying the organization's basic structure may be a way of changing the existing norms, and hence the culture. For example, a culture of mistrust between the leaders and the members of an organization may be exacerbated by a "line" structure that discourages vertical communication.

**6. Organizational systems and procedures**

The simplest definition of culture is *"that's the way we do things around here."* Routines or procedures can become so embedded that they become part of the culture, and changing the culture necessitates changing those routines. We can all

think of organizations where a weekly or monthly meeting takes on a life of its own, becomes more formalized, lengthy, and elaborate, and becomes the only way information moves within the organization. Changing the culture to improve communication may only be possible by changing the meeting procedures or eliminating the meetings altogether.

**7. Design of physical space, facades, and buildings**

The impact of the design of buildings on culture can easily be illustrated by considering the executive perks in an organization. Which organization do you think will have a more open and participative culture, one where top executives have reserved parking spaces, top floor offices, a special elevator and an executive dining room, or one where the executive offices are not separated from the rest of the company and executives park and eat in the same place as their employees?

**8. Stories about important events and people**

This is a way that culture is perpetuated in an organization, in that it helps define and solidify the organization's identity. By what events and stories they emphasize, leaders influence that identity.

**9. Formal statements of organizational philosophy, creeds, and charts.**

This is the way leaders most often try and influence their organizations, and encompasses the vision or mission statement and statements of the organization's (or the leader's) values and philosophy. By themselves, however, formal statements will have little effect on the organization's culture. They must be linked to actions to affect culture.

Edgar Schein defined five guidelines for the leader:

1. Don't oversimplify culture or confuse it with climate, values, or corporate philosophy. Culture underlies and largely determines these other variables. **Trying to change values or climate without getting at the underlying culture will be a futile effort.**
2. Don't label culture as solely a human resources (read "touchy-feely") aspect of an organization, affecting only its human side. The impact of culture goes far beyond the human side of the organization to affect and influence its basic mission and goals.
3. Don't assume that the leader can manipulate culture as he or she can control many other aspects of the organization. Culture, because it is largely determined and controlled by the members of the organization, not the leaders, is different. **Culture may end up controlling the leader rather than being controlled by him or her.**
4. Don't assume that there is a "correct" culture, or that a strong culture is better than a weak one. It should be apparent that different cultures may fit different

organizations and their environments, and that the desirability of a strong culture depends on how well it supports the organization's strategic goals and objectives.

5. Don't assume that all the aspects of an organization's culture are important, or will have a major impact on the functioning of the organization. Some elements of an organization's culture may have little impact on its functioning, and the leader must distinguish which elements are important, and focus on those.

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**From:**  
**Sent:** 18 April 2013 8:16 PM  
**To:** brett.clothier@afl.com.au  
**Cc:**  
**Subject:** Fwa: Text messages reveal Dank involved with Demons - ABC Grandstand Sport - ABC News (Australian Broadcasting Corporation)

**Follow Up Flag:** Follow up  
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<http://www.abc.net.au/news/2013-04-18/text-messages-reveal-danks-demons-involvement/4637954?section=sport>

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**From:** John Nolan  
**Sent:** 19 April 2013 6:45 AM  
**To:** Brett Clothier  
**Cc:**  
**Subject:**

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

<http://www.abc.net.au/7.30/>

Transcript of 7-30 report now on line

Sent from my iPhone

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**From:** John Nolan  
**Sent:** 09 May 2013 12:03 PM  
**To:** brett.clothier@afl.com.au; brett.clothier@afl.com.au  
**Subject:** Emailing: BBC News - Spanish doctor Fuentes convicted over cyclist doping  
[SEC=UNCLASSIFIED]

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

Dear all,

For information

**Spanish doctor Fuentes convicted over cyclist doping**



**Please turn on JavaScript.** Media requires JavaScript to play.

The BBC's Tom Burridge says Mr Fuentes was found guilty of endangering the lives of athletes

[Continue reading the main story](#)

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- [Fight to fix cycling's doping culture](#)



A Spanish doctor accused of running one of the world's largest sports doping rings has received a one-year suspended sentence for endangering public health.

Eufemiano Fuentes was convicted over his role in supplying blood transfusions to professional cyclists.

He was charged under public health laws because doping was not illegal in Spain at the time.

A former cycle team official was sentenced to four months in jail, while three other defendants were cleared.

Police found some 200 bags of frozen blood and plasma when they raided Fuentes' offices in 2006.

The World Anti-Doping Agency (Wada) and Spain's domestic authorities had wanted access to the blood, to test whether athletes from other sports were involved in the doping ring.

But Judge Julia Patricia Santamaria on Tuesday declined to grant them access and ordered that the bags be destroyed.

### **Continue reading the main story**

### **Analysis**

Matt Slater BBC sports news reporter

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"Late, disappointing and not even very conclusive: everything about the verdicts in the Operation Puerto case was in keeping with its seedy seven-year history. All that effort for two suspended prison sentences, a four-year ban from medicine and a bizarre fine - hardly what the doctor ordered to heal the effects of Europe's most talked-about doping scandal. It is a good thing Fuentes was not in court to hear his fate, pictures of him smirking would not have done Spain's tattered reputation on doping matters any good at all."

The Operation Puerto doping trial focused on cycling. Dozens of cyclists were implicated, though few have been sanctioned.

As well as handing Fuentes the one year suspended sentence, the court in Madrid struck him off as a medical doctor for four years and fined 4,650 euros (\$6,000: £3,940).

It sentenced Ignacio Labarta, a former official in the Kelme cycling team, to four months in prison.

Two other former cycling team officials, Manolo Saiz and Vicente Belda, were cleared, as was Fuentes' sister and fellow doctor Yolanda.

During the trial, Fuentes said he had worked with athletes, footballers and boxers, as well as cyclists, though he did not say whether he had helped them dope.

The bags of blood found in Fuentes' offices were labelled with codenames, which were believed to relate to well-known cyclists and possibly other athletes. But the judge's ruling means authorities will not be able to establish this.

Fuentes maintained that the aim of the blood transfusions was to protect athletes' health and improve their performance during training.

Spain has passed anti-doping legislation since 2006, and parliament is expected to vote on an anti-doping bill later this year that would bring Spanish law into line with Wada's guidelines.

#### **Related Stories**

- **Operacion Puerto to shame cycling further**

30 JANUARY 2013, CYCLING

- **Fight to fix cycling's doping culture**

06 FEBRUARY 2013, BUSINESS

**From:** John Nolan  
**Sent:** 20 May 2013 3:11 PM  
**To:** 'Abraham.Haddad@afl.com.au'  
**Subject:** RE: Steve DANK - media disclosures [SEC=UNCLASSIFIED]

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

Thanks

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John Nolan  
Investigator  
Australian Sports Anti-Doping Authority

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Web: [www.asada.gov.au](http://www.asada.gov.au)

Post: PO Box 1744, Fyshwick ACT 2609

ASADA Hotline: 13 000 ASADA (13 000 27232)

---

**From:** Abraham.Haddad@afl.com.au [mailto:Abraham.Haddad@afl.com.au]  
**Sent:** Monday, 20 May 2013 3:08 PM  
**To:** John Nolan  
**Subject:** FW: Steve DANK - media disclosures

FYI



Abraham Haddad  
Intelligence Co-ordinator  
AFL HOUSE | 140 Harbour Esplanade | Docklands VIC 3008  
GPO Box 1449 | Melbourne VIC 3001  
Ph: (03) 9643 1809 | Fax: (03) 9643 1973 |  
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**From:** Chris Whittock  
**Sent:** Monday, 20 May 2013 11:15 AM  
**To:** Brett Clothier; Abraham Haddad  
**Subject:** Steve DANK - media disclosures



Chris Whittock  
Intelligence Analyst  
AFL HOUSE | 140 Harbour Esplanade | Docklands VIC 3008  
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<http://www.mailguard.com.au/mg>

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**From:** John Nolan  
**Sent:** 27 July 2013 2:02 PM  
**To:** 'Brett.Clothier@afl.com.au'  
**Subject:** RE: METHODOLOGY [SEC=UNCLASSIFIED]

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

Thanks Brett. I heard AD on the radio this afternoon – he’s sounding a little peeved about the ongoing media interest in the ACC saga.

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John Nolan  
Investigator  
Australian Sports Anti-Doping Authority

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Post: PO Box 1744, Fyshwick ACT 2609

ASADA Hotline: 13 000 ASADA (13 000 27232)

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**From:** John Nolan  
**Sent:** 29 July 2013 11:54 AM  
**To:** 'Brett.Clothier@afl.com.au'  
**Subject:** Exclusive: Cronulla Sharks team doctor David Givney warned coach Shane Flanagan injections must stop | thetelegraph.com.au [SEC=UNCLASSIFIED]

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

For your information in case it is redacted from the report

<http://www.dailytelegraph.com.au/sport/nrl/exclusive-cronulla-sharks-team-doctor-david-givney-warned-coach-shane-flanagan-injections-must-stop/story-fni3gol8-1226641577350>

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**From:** John Nolan  
**Sent:** 29 July 2013 12:11 PM  
**To:** 'Brett.Clothier@afl.com.au'  
**Subject:** [SEC=UNCLASSIFIED]  
**Attachments:** 606335-cronulla-sharks-email[1].pdf

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

From the newspaper article

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**From:** david [REDACTED]  
**Sent:** Wednesday, 6 April 2011 9:17 AM  
**To:** Shane Flanagan  
**Cc:** Darren Mooney  
**Subject:** Steve Danks

Hi Flano,

I know you'll be busy today with footy stuff, so have sent my thoughts via email. Obviously, if you need to speak to me I have my mobile at all times.

My idea over the past many years is that the medical team is best 'seen and not heard'. Ie be on hand to treat the boys and their families, and let the footy people do the important stuff.

Until now.

I spoke to Steve Danks last night. He said he was shocked that I had any concerns about his activities, assured me that he held the medical profession in the highest regard, and blamed Konrad for not telling me what was going on. (hmmm...)

The basic result of our talk was -

- He wasn't in a position to tell me at that time what was in the injections the players have been getting
- The person doing the injecting wasn't medically trained but was part of 'his team'
- He was unaware of any allergies, medical problems etc of any of the players being injected (oh dear...)
- He couldn't tell me what he would do if a player got an allergic reaction at the time of the injection
- Told me that the tablets he gave the boys after the game were Mersyndol Forte (Codeine plus a sedative usually for migraine sufferers)
- He wished to sit down with me and discuss it all face-to-face

I then spoke to Martin Raftery, who has had dealings with him in the past. He described him as [REDACTED] 'destructive'. He said he had been at Dragons/Souths/Parra/Manly and had been asked to move on from all these places. He was so concerned that he said he wanted to speak to you about it - his mobile is [REDACTED]

I also spoke to [REDACTED]. He said that there is a rumour around the NRL that the Sharks are being injected with 'RP6'. This is a pre-cursor for Growth Hormone that helps with fat loss and recovery in athletes!!!!

Time for this all top stop!

- You can't keep a secret in footy
- We will get asked sooner or later and the last thing the Sharks need is another shit headline
- Konrad overheard plans to be giving Actovegin some time this week - this is Calves Blood Extract and can't be allowed to happen!

Sorry for the rant, but I was up all night thinking of how best to go about this. Please ring Raftery for an outside opinion, and then we can stop this madness and get back to footy.

Dave Givney

**From:** John Nolan  
**Sent:** 14 August 2013 4:12 PM  
**To:** 'Abraham.Haddad@afl.com.au'  
**Subject:** RE: Aminolite Injection 34x 500ml [SEC=UNCLASSIFIED]

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

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Investigator  
Australian Sports Anti-Doping Authority

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Web: [www.asada.gov.au](http://www.asada.gov.au)

Post: PO Box 1744, Fyshwick ACT 2609

ASADA Hotline: 13 000 ASADA (13 000 27232)

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**From:** Abraham.Haddad@afl.com.au [mailto:Abraham.Haddad@afl.com.au]  
**Sent:** Wednesday, 14 August 2013 4:11 PM  
**To:** John Nolan  
**Subject:** RE: Aminolite Injection 34x 500ml [SEC=UNCLASSIFIED]



Abraham Haddad  
Intelligence Co-ordinator  
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**From:** John Nolan [mailto:John.Nolan@asada.gov.au]  
**Sent:** Wednesday, 14 August 2013 3:51 PM  
**To:** Abraham Haddad;  
**Cc:** ; Brett Clothier;  
**Subject:** RE: Aminolite Injection 34x 500ml [SEC=UNCLASSIFIED]

John Nolan  
Investigator  
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Post: PO Box 1744, Fyshwick ACT 2609

ASADA Hotline: 13 000 ASADA (13 000 27232)

---

**From:** John Nolan

**Sent:** Wednesday, 14 August 2013 3:22 PM

**To:** ; 'BRETT.CLOTHIER@AFL.COM.AU'; 'Abraham.Haddad@afl.com.au';

**Cc:**

**Subject:** Fw: Aminoite Injection 34x 500ml [SEC=UNCLASSIFIED]

Dear all,

*The Age* will be running a story tomorrow in which they are likely to identify the amino acid used at  
as Amino-Lite.

Amino-Lite is manufactured by Boehringer Ingelheim (German Pharmaceutical)

- 
- 
- 

According to the Web:

*Amino-Lite 34X is a concentrated amino acid, electrolyte and vitamin injectable supplement. It contains the amino acids l-histidine, l-methionine, di-tryptophane, l- cysteine, l-threonine, di-isolucine, l-arginine, di-phenylalanine, di-valine, l-lysine, l- leucine, l-glutamine, and glucose monohydrate, calcium chloride, potassium chloride, magnesium sulphate, sodium acetate and B group vitamins.*

*Indicated for debilitation, supportive treatment for sick animals, lowered amino acid intake, training stress. For specific disease states Amino-Lite 34X should be used in conjunction with appropriate treatment for the particular disease.*

*Amino-Lite 34X is a source of ten pure crystalline amino acids, dextrose, electrolytes and B complex vitamins.*

*Main Features:*

- *For use in performance horses or greyhounds prior to, or after a race or event.*
- *An electrolyte replacer for dehydrated horses orgreyhounds, or those undergoing transportation.*
- *Supportive treatment in severe diarrhoea, or excessive stress after exercise.*
- *Ideal supportive treatment for primary medications, eg antibiotics & anthelmintics.*
- *For use in stressed or ill greyhounds when rapid recovery is required.*

*As a nutritional supplement.*

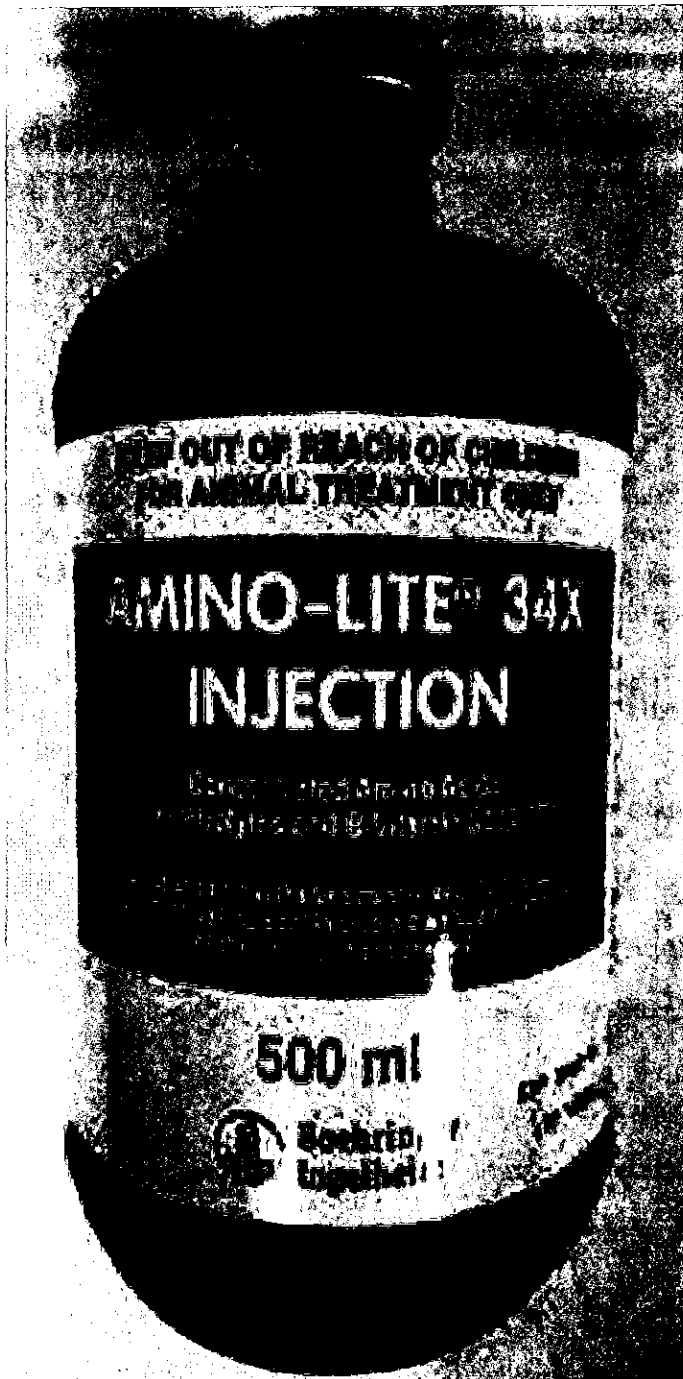
*Amino Acids are the building blocks of protein, which is the main component of body tissue. A lack of essential amino acids or a decreased protein level can have a rapid effect on horses or greyhounds, evidenced by a loss of appetite, weight and poor performance. Higher levels of amino acids may be required greyhounds under stress of training or racing, or during episodes of diarrhoea.*

*Amino-Lite 34X also contains dextrose, which provides fast energy replacement. The electrolytes in Amino-Lite 34X provide many of the salts that are lost from the body during periods of dehydration. Dehydration can occur in situations such as exercise or transport, episodes of diarrhoea and injuries. B-Complex vitamins are involved in many body processes. These vitamins are essential for making new blood cells and proper functioning of the nervous system.*

<http://www.horsesuppliesdirect.com.au/prod628.htm>

<http://www.vet-pet-supplies-online.com/prod3063.htm>

<http://www.onlinehorsesupplies.com.au/horse-vitamins/aminolite-34x-500ml.html>



A body builder blog described the side-effect use of this product as:

*"That stuff will KILL your ass. It hurts like hell."*

*"The pain was too much."*

*"The big bottle of Amino stuff? After I stopped screaming from the stinging, it felt like I was hit with a baseball bat for days."*

<http://www.professionalmuscle.com/forums/professional-muscle-forum/24494-amino-lite-34x-injection.html>

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